



CAPITAL AREA
STAFFING SOLUTIONS



BANGOR AREA
STAFFING SOLUTIONS



June 2024

CASS & BASS Field Employees

IMPORTANT TIMECARD NOTICE

As always, please remember to submit your time card no later than Friday afternoon, unless you are working a weekend shift. In that case, please e-mail/fax no later than 8am Monday morning.

The SUMMER months are here! If you have vacation plans that require time off from work, please be sure to notify us as soon as possible! The sooner we know, the better we (and our Clients) will be



Please join us in congratulating the following Field Employees, who were hired by our Clients in May!

Catherine Lavallee
Joshua Ward
Zachary Whittemore

June Dates & Fun Facts

- June 5th is World Environment Day – a day meant to raise environmental

able to prepare for your absence.



Why is June's Full Moon called the Strawberry Moon?

On the evening of Friday, June 21 —just after sunset—look towards the southeast to watch the full Moon rise gently above the horizon.

There, it will appear large and golden-hued.

June's full Moon will reach peak illumination at 9:08 P.M.

The June Full Moon will be extraordinary. For the first time since 1985, Full Moon happens precisely on the summer solstice, when the Sun is highest up. Because the Moon is always opposite the Sun, this year, you will see that the Moon is 10 widths lower on the horizon than the Sun ever is. If you're awake in the hour after midnight, check to see how very low the Moon is. The low point on the horizon may not seem exciting, but we promise it's worth staying up for. It's a sight that won't return for another 18 years!

The Full Moon is normally our brightest night. But this month, it ascends so little that the thick horizon air will paint it yellow or orange and subdue its light.

Moreover, its extreme southerly position will keep it aloft for just a few short hours, leaving that night

- awareness across the globe.
- June 14th is Flag Day (U.S.). Be sure to raise the flag! Learn about the U.S. Flag Code, which provides guidelines for displaying the American flag properly.
- June 16th is Father's Day this year. Find a fun activity and spend the day with your Father!
- June 19th is Juneteenth (also known as Freedom Day or Emancipation Day). On this day in 1865, Union General Gordon Granger read the Emancipation Proclamation aloud in Galveston, Texas, effectively liberating enslaved people in the state, which had thus far been beyond control of the Union Army.
- June 20th is the summer solstice, which heralds the start of summer in the Northern Hemisphere. It's the day with the most hours of daylight, so enjoy! In the Southern Hemisphere, winter begins at this time.
- June 21st is National Indigenous Peoples Day (Canada). This holiday is meant to remind Canadians of the contributions of the many First Nations, Métis, and Inuit peoples.
- June 24th brings Midsummer Day, traditionally the midpoint of the growing season, halfway between planting and harvesting. It is celebrated in many cultures on the night of June 23rd, as Midsummer Eve.
- June 28th is the anniversary of the 1969 Stonewall Riots—a watershed moment

mostly black.

June's full Moon is traditionally been called the Strawberry Moon. While strawberries certainly are a reddish-pink color and are roundish in shape, the origin of the name "Strawberry Moon" has nothing to do with the Moon's hue or appearance. .

This "Strawberry Moon" name has been used by Native American Algonquian tribes that live in the northeastern United States as well as the Ojibwe, Dakota, and Lakota peoples to mark the ripening of "June-bearing" strawberries that are ready to be gathered.



SO MANY CAREER OPPORTUNITIES!

Please visit our website at [Capital Area Staffing.com](http://CapitalAreaStaffing.com) for a list of all current openings!

Augusta
Staff Accountant
Insurance Specialist
Inspector/Packer
Administrative Asst.
Commercial Tire Tech
Asset Manager
HCV Occupancy Specialist

Bangor
Painter/Property Maintenance
HR Generalist

for LGBT rights in the United States. To honor this event, June is designated as Pride Month.

June's birthstone is the Pearl and the birth flowers are the Rose and Honeysuckle.

A rose in general indicates love or desire. Specific roses may relay other messages. For example, a white rose may mean "silence" or "new beginnings," while a yellow rose signifies "friendship" or "joy."



Grilled Rosemary Garlic Pork Chops

Ingredients:

- 1/4 cup olive oil
- 2 tablespoons balsamic vinegar
- 4 cloves garlic, crushed
- 2 tablespoons chopped fresh rosemary
- Salt and black pepper
- 8 pork chops, 1 inch thick

Directions:

- Combine all ingredients for marinade in a shallow pan.
- Add chops and toss well with mixture to coat evenly.
- Let marinate refrigerated for 4 hours, then return to room temperature before grilling.
- Grill over medium high heat for about 20 minutes.

Maine!

Receptionist/Scheduler
A/R Billing
Manufacturing Associate
Certified Dental Hygienist
Forklift Operator/Warehouse
Evening Janitorial
Optician
Admin/Bookkeeper

Enjoy all that Maine has
to offer this summer.
Biking, the ocean, lobster,
and camping!

"Some of the best memories are
made in flip-flops." —
Kellie Elmore



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